

This trip to Cuba has taught me many things. I learned basic dance, how to improve my flute playing. I saw things and wouldn't have seen and things I would know about if I stayed in Canada, in Vancouver all my life. But more importantly, I learned about spirits. How the way someone feels can change their life regardless of the things they have. Because of this, many things will change for me from now on.

I liked this trip a lot, I liked how we go to places we wouldn't have if we were only a group of tourists. I liked the sun and the weather, and I liked the friendliness of the people. I liked almost everything on the trip, and I certainly would like the trip to be a bit longer.

I didn't like the long bus rides though. I got sick, and so did a few other people. But that stroke was also a factor. I didn't like how we had to stay on the same bus all the time. It would have been a lot better if I could change bus.

But that's about it. I really like the trip and hope to go on it again if I can, but if I go with a tourist group, it probably wouldn't be the same.